Mony Mony

Choreographed by Maggie Gallagher

Description: Phrased, 1 wall, intermediate line dance

Musica: Mony Mony by The Dean Brothers [141 bpm / CD: Kiss Me Honey, Honey / CD: Simply

The Best Line dancing Album]

Part A is the verse, Part B is the chorus. It will always be danced Verse-Chorus right through.

PART A:

WALK, WALK, POINT, CROSS, POINT, CROSS, FORWARD-ROCK

- 1-2Step right forward, step left forward
- 3-4Touch right side, cross right over
- 5-6Touch left side, cross left over
- 7-8Rock right forward, recover to left

1/4 RIGHT, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

1-2&3Turn ¹/₄ right and step right side, clap, clap,

&4&5Step left together, step right side, step left together, step right side

6&7-8Clap, clap, clap, hold

FORWARD-ROCK, TRIPLE 1/2 TURN, FORWARD-ROCK, TRIPLE 1/2 TURN

1-2Rock left forward, recover to right

3&4Triple step left-right-left making ½ turn left

5-6Rock right forward, recover to left

7&8Triple step right-left-right making ½ turn right

STOMP, CLAP-CLAP-CLAP, & SIDE & SIDE, CLAP-CLAP-CLAP, HOLD

1-2&3Stomp left side, clap, clap, clap

&4&5Step right together, step left side, step right together, step left side

6&7-8Clap, clap, clap, hold

WALK, WALK, POINT, CROSS, ETC.

1-24Repeat the first 24 counts of Part A

LEFT TOGETHER, LEFT TOUCH, RIGHT TOUCH, LEFT TOUCH

- 1-2Step diagonally forward left, step right together
- 3-4Step diagonally forward left, touch right together
- 5-6Step right diagonally forward, touch left together
- 7-8Step diagonally forward left, touch right together

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1-2Touch right side, lower heel to take weight
- 3-4Turn ½ right and touch left side, lower heel to take weight
- 5-6Turn ½ left and touch right side, lower heel to take weight
- 7-8Turn ½ right and touch left side, lower heel to take weight
- Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs"

PADDLE TURNS (FULL TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1-2Step right forward, turn ¼ left (weight to left)
- 3-4Step right forward, turn ½ left (weight to left)
- 5-6Step right forward, turn ½ left (weight to left)
- 7-8Step right forward, turn ½ left (weight to left)

PART B:

STEP, SHIMMY, TOUCH, CLAP, STEP SHIMMY, TOUCH, CLAP

- 1-2Step diagonally forward right with knees bent, slide left together shimmying shoulders
- 3-4Touch left together straightening knees, clap
- 5-6Step diagonally forward left with knees bent, slide right together shimmying shoulders
- 7-8Touch right together straightening knees, clap

BACK STRUT, BACK, STRUT, BACK STRUT, BACK STRUT

- 1-2Touch right back, lower heel to take weight
- 3-4Touch left back, lower heel to take weight
- 5-6Touch right back, lower heel to take weight
- 7-8Touch left back, lower heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) during these toe-struts

KNEE-POP, HOLD, KNEE-POP, HOLD, KNEE LEFT, RIGHT, LEFT, RIGHT

- 1-2Pop your left knee in, hold
- 3-4Pop your right knee in, hold
- 5-6Pop your left knee in, pop your right knee in
- 7-8Pop your left knee in, pop your right knee in

ROLLING VINE RIGHT, ROLLING VINE LEFT

- 1-4Step right-left-right, touch left and clap, making a whole turn right (traveling right)
- 5-8Step left-right-left, touch right and clap, making a whole turn left (traveling left)

TOE STRUT, TURN STRUT, TURN STRUT, TURN STRUT

- 1-2Touch right side, lower heel to take weight
- 3-4Turn ½ right and touch left side, lower heel to take weight
- 5-6Turn ½ left and touch right side, lower heel to take weight
- 7-8Turn ½ right and touch left side, lower heel to take weight

Option note: do "hairbrushes" with finger clicks (like in the 60s) on the "yeahs"

PADDLE TURNS (ONE AND A HALF TURN TOTAL)

Yeah! Yeah! Yeah! Yeah! Yeah! Yeah! Yeah!

- 1-2Step right forward, turn ¼ left (weight to left)
- 3-4Step right forward, turn ½ left (weight to left)
- 5-6Step right forward, turn ½ left (weight to left)
- 7-8Step right forward, turn ½ left (weight to left)

REPEAT